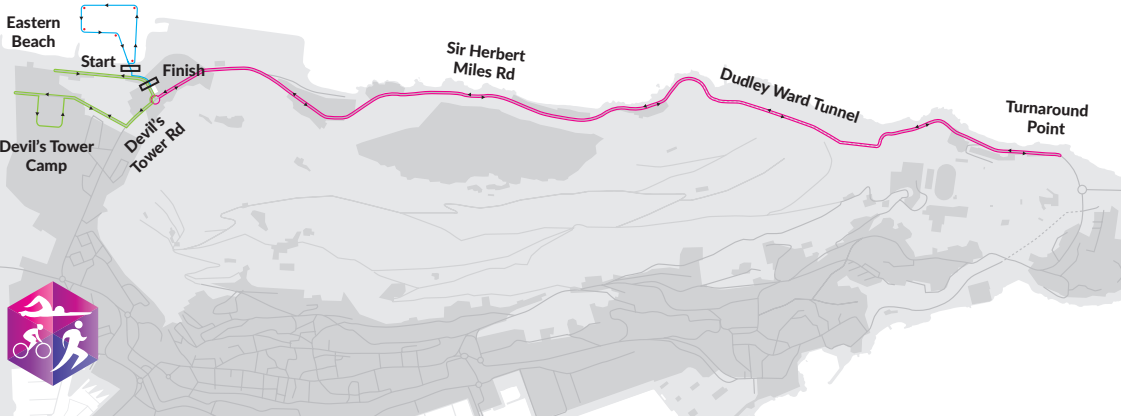


This is a once in a life time event in Gibraltar and the public are encouraged to come down to the events and support the teams and athletes. During the road based events for Triathlon, Cycling and Half Marathon there will be some inevitable traffic disruptions and parking restrictions during Games week. The road based events start on Sunday 7th July with the Triathlon at 8am.

The Gibraltar 2019 NatWest International Island Games is an opportunity for Gibraltar to promote the Rock and showcase our unique and special identity to a global audience. Be a part of the Games and come down and support the athletes.

For more information visit www.gibraltar2019.com or download CityGuide (Gibraltar 2019 Official App)

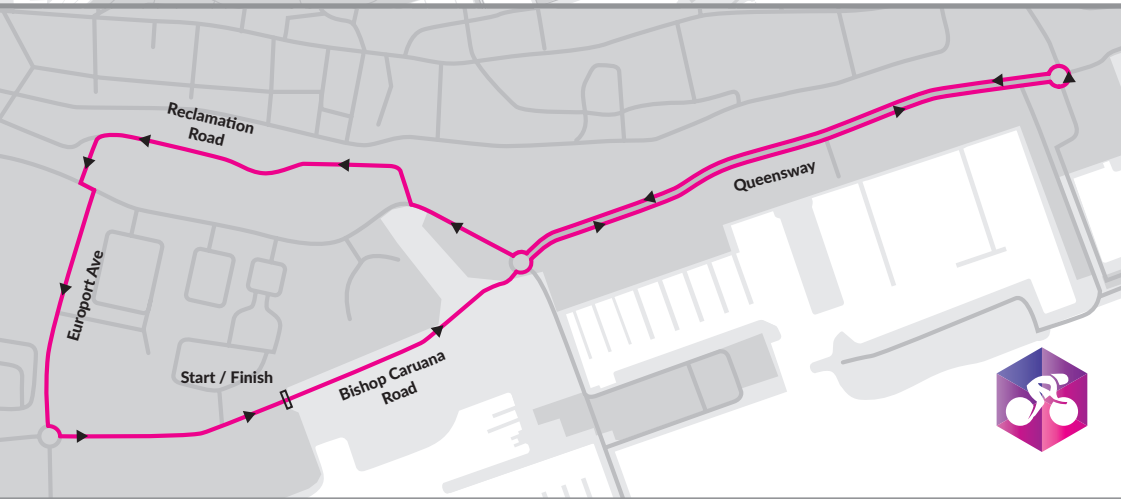


Triathlon

Sunday 7th July 2019

The Triathlon will start at the Southern end of Eastern Beach with the swim. The Male race is scheduled to start at 08:00, with the Female race starting at 08:40 on the same course. The Transition Area will be located at the entrance to Eastern Beach. The bike course will be held on the east side of Gibraltar between Eastern Beach turning on Devils Tower Road and 100 m before the Mosque roundabout on Europa Advance Rd and will consist of 5 laps. The run course will be held along Eastern Beach Rd and within Devils Tower Camp (no access to the public).

Full Road Closure: Roads close at 7:30am and reopen at 1.00pm. (Eastern Beach Road, Sir Herbert Miles Road, Dudley Ward Tunnel & Europa Advance Road) Event Starts (8.00am Men, 8.40am Women)

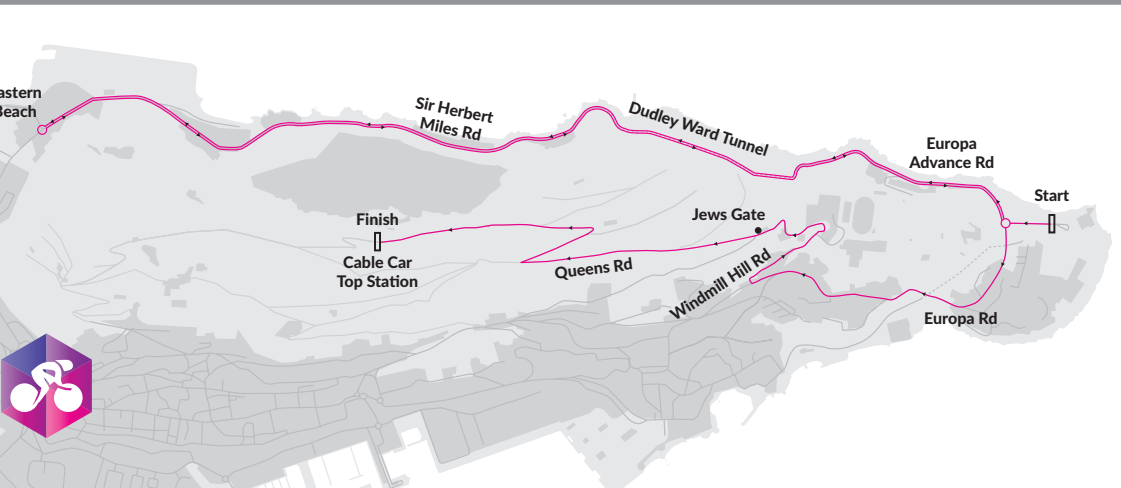


Cycling (Town Criterium)

Sunday 7th July 2019

The Town Criterium is a 2.6km circuit. The start will be located at Bishop Caruana Road and the cyclists head southbound towards the Ragged Staff Wharf roundabout at which point they turn around and head north bound (via Queensway), Reclamation Road, Europort Avenue and Europort Road.

Full Road Closure: Roads close at 5:00pm and reopen at 10:00pm (Bishop Caruana Road, Queensway, Reclamation Road & Europort Ave) Event Starts (6.00pm Women, 7.30pm Men)

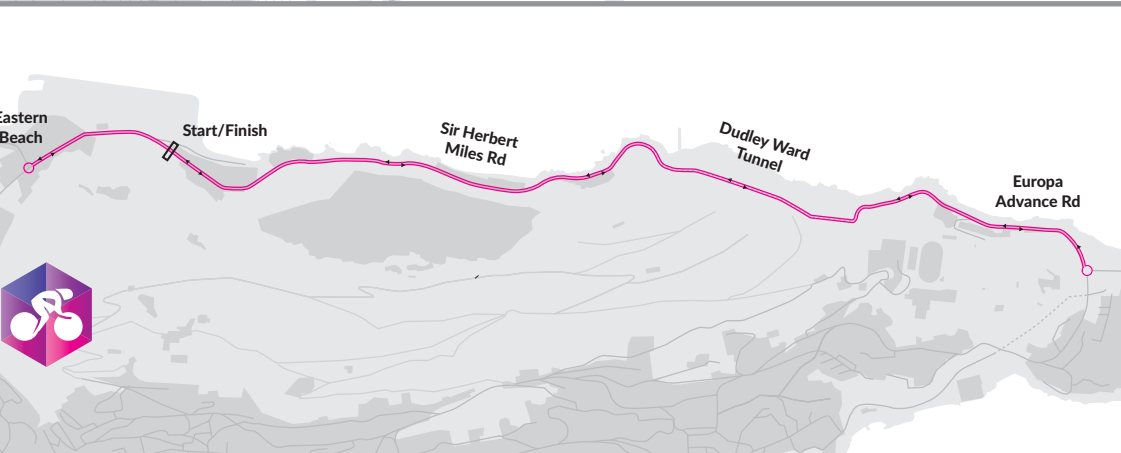


Cycling (Time Trial)

Tuesday 9th July 2019

The Time Trial will be held in the early evening and will start at Europa Point Lighthouse. It will consist of 2 laps of the east side of Gibraltar between Eastern Beach turning on Devils Tower Road and the Mosque roundabout on Europa Rd for both men and women, with a climb of approximately 4km to the Top Station of the Cable Car (via Windmill Hill and Jews Gate) on completion of the second lap. Each lap is approximately 8.3km for a total of 21kms.

Full Road Closure: Roads close at 5.00pm and reopen at 10.00pm. The Upper Rock from Jews Gate will close at 5.30pm. (Europa Advance Road, Dudley Ward Tunnel, Sir Herbert Miles Road, Queens Road, Spur Battery Road, St Michael Road) Event Starts (5.30pm Women, 7.30pm Men)



Cycling (Road Race)

Thursday 11th July 2019

The Road Race will be held on the east side of Gibraltar between Eastern Beach turning on Devils Tower Road and the Mosque roundabout on Europa Rd. This is the same course as the Time Trial but without the final climb up the rock. The course will consist of a number of laps (7 for Women, 10 for Men). The start will be located at Sir Herbert Miles Road (above Catalan Bay car park).

Full Road Closure: Roads close at 1.00pm and reopen at 10.00pm. (Sir Herbert Miles Road, Dudley Ward Tunnel & Europa Advance Road) Event Starts (2.00pm Women, 6.00pm Men)



Athletics (Half Marathon)

Friday 12th July 2019

The Half Marathon will start at Victoria Stadium. Competitors will leave the stadium and cross the Sundial roundabout on Winston Churchill Ave, then follow a 3 lap circuit (on partial road closures) along Devils Tower Road along Sir Herbert Miles Rd and turn around just before Dudley Ward Way Tunnel. On completion of 3 laps competitors will cross over the Sundial roundabout and finish in Victoria Stadium.

Partial Road Closure: Roads close at 8.00am and reopen at 1.00pm. (Devils Tower Road, Sir Herbert Miles Road & Winston Churchill Ave) Event Starts (10.00am)